



October 2020



Pasta Mondays	Tuesday	Wednesday	Thursday	Pizza Fridays
Child's Name: _____ Allergy/Food Restriction: _____ Parent _____ *Parents who have children with allergies must provide reception with a signed copy of this menu with the respective components to be modified highlighted. Alternate items are offered daily.	<p style="text-align: center;">Breakfast</p> <p>Monday: Yogurt, granola, and berries Tuesday: Cheesy omelet and fruit cocktail Wednesday: Wheat mini-bagels and strawberries Thursday: Whole grain pancakes with sliced apples Friday: Whole grain waffles and bananas Whole Milk provided for children under 2, and reduced-fat 1% for children over 2. Served between 8:15 – 8:45am.</p> <p style="text-align: center;">Ask about our Birthday Celebration Package!</p>		<p>1 Chicken Gyros with pita bread, tzatziki sauce, spinach and peaches Vegetarian Option Veggie sausage</p> <p style="text-align: center;">Snack Cheddar cheese cubes and graham crackers</p>	<p>2 Pizza with diced zucchini and fruit cocktail</p> <p style="text-align: center;">Snack Pita chips with low-fat ranch dressing</p>
<p>5 Macaroni & butter with sweet peas and mandarin oranges</p> <p style="text-align: center;">Snack Pita bread with tzatziki sauce</p>	<p>6 Chicken Quesadillas ...with whole wheat tortillas, butternut squash, and chunky honey dew</p> <p style="text-align: center;">Vegetarian Option Quesadillas</p> <p style="text-align: center;">Snack Vanilla pudding and whipped cream</p>	<p>7 Grilled Cheese ...with tomato soup, pickles and diced apples</p> <p style="text-align: center;">Snack Apple sauce and granola</p>	<p>8 Dino chicken nuggets with French , cheese pierogi and diced pineapples</p> <p style="text-align: center;">Vegetarian Option Veggie burger</p> <p style="text-align: center;">Snack Hummus and crackers</p>	<p>9 Pizza with mixed vegetables and diced peaches</p> <p style="text-align: center;">Snack Apple slices with Soy butter</p>
<p>12 Tri-color cheese tortellini with butter, peas, and diced pears</p> <p style="text-align: center;">Snack Baked apples and cinnamon</p>	<p>13 Turkey meatballs with gravy, wild rice, broccoli and sliced peaches</p> <p style="text-align: center;">Vegetarian Option Veggie patty</p> <p style="text-align: center;">Snack Soft pretzels with cheese sauce</p>	<p>14 Turkey and American cheese roll-ups.....with peas and diced pineapples</p> <p style="text-align: center;">Vegetarian Option Cheese roll-ups</p> <p style="text-align: center;">Snack Mini rice cakes and hummus</p>	<p>15 Chicken Noodle Soup with a whole grain roll, broccoli and diced mangos</p> <p style="text-align: center;">Vegetarian Option Lentil soup</p> <p style="text-align: center;">Snack Muffins and infused fruit water</p>	<p>16 Pizza with sliced carrots and fruit cocktail</p> <p style="text-align: center;">Snack Mozzarella string cheese ad whole wheat crackers</p>
<p>19 Spaghetti and Meatballs ...with baby carrots and honeydew.</p> <p style="text-align: center;">Snack Hummus and Ritz crackers</p>	<p>20 Grilled cheese with butternut squash, pickles and peaches</p> <p style="text-align: center;">Snack Pudding with whipped cream</p>	<p>21 BBQ Chicken ...with dinner roll, corn, and peas</p> <p style="text-align: center;">Vegetarian Option Lentil soup</p> <p style="text-align: center;">Snack Warm muffins with butter</p>	<p>22 Dino chicken nuggets with mashed sweet potato and mandarin oranges</p> <p style="text-align: center;">Vegetarian Option Veggie burger</p> <p style="text-align: center;">Snack Orange sugar-free Jello with whipped cream</p>	<p>23 Pizza with chopped broccoli and diced mangos</p> <p style="text-align: center;">Snack Baked cinnamon apples</p>
<p>26 Macaroni & cheese with green beans and apple sauce</p> <p style="text-align: center;">Snack Pudding with whipped cream</p>	<p>27 Turkey Sausage ...with gravy, mashed potatoes, corn and honey dew chunks</p> <p style="text-align: center;">Vegetarian Option Veggie Sausage</p> <p style="text-align: center;">Snack Baked cinnamon pears</p>	<p>29 Turkey and American cheese roll-ups with diced zucchini and sliced pineapples</p> <p style="text-align: center;">Vegetarian Option Cheese roll-up</p> <p style="text-align: center;">Snack Soft pretzels with cheese sauce</p>	<p>30 Sloppy Joe's ...on a whole wheat roll with pickles and sliced peaches.</p> <p style="text-align: center;">Vegetarian Option Veggie crumble</p> <p style="text-align: center;">Snack Pita bread with tzatziki sauce</p>	<p>31 Happy Halloween Pizza with green bean medley and orange slices</p> <p style="text-align: center;">Snack Monster Mash Party</p>

